

Lunch Week 1

Spring 2025

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Crispy Chicken Burger with Seasoned Wedges, BBQ Beans	Beef Lasagna Garlic Bread Green Salad,	Roast Gammon with Roast Potatoes, Carrots, Peas	Chicken Tikka Masala with Pilaf Rice, Green Beans,	Battered Fish with Chips, Peas, Baked Beans
Plant Based / Vegetarian Main Meal	Veggie Burger with Seasoned Wedges, BBQ Beans	Vegetable Lasagna Garlic Bread Green Salad	Quorn Roast Fillet with Roast Potatoes, Carrots, Peas	Sweet Potato & Chickpea Curry with Pilaf Rice,	Sweet Potato Falafel with Chips, Peas, Baked Beans
Street Food	Piri Piri Chicken Wrap	Chicken Burrito	Folded Tikka Naan	Pulled Pork & Stuffing Wrap	Chicken Gyros
Takeaway Tubs	Penne Arrabiata	Tomato & Mascarpone	Penne Arrabiata	Mac & Cheese	Roasted Vegetable
Pizza Slice	Chefs Pizza of the Day	Chefs Pizza of the Day	Chefs Pizza of the Day	Chefs Pizza of the Day	Chefs Pizza of the Day
Jacket Potato	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings
Desserts	Selection of Hot and Cold Desserts	Selection of Hot and Cold Desserts	Selection of Hot and Cold Desserts	Selection of Hot and Cold Desserts	Selection of Hot and Cold Desserts



Meal Deal

Main Meal with vegetables and dessert



All of our main meals, sandwiches & desserts are freshly made on site every day.



Lunch Week 2

Spring 2025

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Bolognaise Garlic Bread & Salad	Katsu Chicken Curry with Coconut Rice, Cole Slaw	Roast Chicken with Roast Potatoes, Carrots, Broccoli	Pulled Pork with Cajun Wedges, Slaw, BBQ Beans	Battered Fish with Chips, Peas, Baked Beans
Plant Based / Vegetarian Main Meal	Vegetable Bolognaise Garlic Bread & Salad	Spinach & Lental Curry with Coconut Rice, Coleslaw Slaw	Quorn Roast Fillet with Roast Potatoes, Carrots, Broccoli	Vegetable Burger with Cajun Wedges, Coleslaw	Sweet Potato Falafel Gyros with Chips, Peas, Baked Beans
Street Food	Piri Piri Chicken Wrap	Southern Fried Chicken Wrap	Folded Tikka Naan	Pulled Pork & Stuffing Wrap	Chicken Gyros
Takeaway Tubs	Macaroni Cheese	Spicy Tomato Pasta	Penne Arrabiata	Mac & Cheese	Roasted Vegetable
Pizza Slice	Chefs Pizza of the day	Chefs Pizza of the day	Chefs Pizza of the day	Chefs Pizza of the day	Chefs Pizza of the day
Jacket Potato	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings
Desserts	Selection of Hot and Cold Desserts	Selection of Hot and Cold Desserts	Selection of Hot and Cold Desserts	Selection of Hot and Cold Desserts	Selection of Hot and Cold Desserts



Meal Deal

Main Meal with vegetables and dessert



All of our main meals, sandwiches & desserts are freshly made on site every day.



Lunch Week 3

Spring 2025

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Piri Piri Chicken with Patatas Bravas, Salad/coleslaw	Beef Lasagne with Green Salad, Garlic Bread, Slaw	Roast Gammon with Roast Potatoes, Carrots, Green Beans	Cottage Pie Carrots/Cabbage	Battered Fish with Chips, Peas, Baked Beans
Plant Based / Vegetarian Main Meal	Quorn Chilli Burrito with Patatas Bravas, Salad coleslaw	Vegetable Lasagne with Green Salad, Garlic Bread, Slaw	Vegetable Toad in the Hole with Roast Potatoes, Carrots, Green Beans	Vegetable Red Thai Curry with Noodles, Broccoli, Steamed Coconut Rice	Sweet Potato Falafel Gyros with Chips, Peas Baked Beans
Street Food	Piri Piri Chicken Wrap	Chicken Burrito	Folded Tikka Naan	Pulled Pork Nachos	Chicken Gyros
Takeaway Tubs	Tomato & Chorizo	Penne Arrabiata	Chicken & Tomato	Mac & Cheese	Tomato & Basil
Pizza Slice	Chefs Homemade Pizza of the day	Chefs Homemade Pizza of the day	Chefs Homemade Pizza of the day	Chefs Homemade Pizza of the day	Chefs Homemade Pizza of the day
Jacket Potato	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings
Desserts	Selection of Hot & Cold Desserts	Selection of Hot & Cold Desserts	Selection of Hot & Cold Desserts	Selection of Hot & Cold Desserts	Selection of Hot and Cold Desserts



Meal Deal

Main Meal with vegetables and dessert



All of our main meals, sandwiches & desserts are freshly made on site every day.

